

# PROVIDE FIRST AID

HLTAID011- PROVIDE FIRST AID

HLTAID009- PROVIDE CARDIOPULMONARY RESUSCITATION

## COURSE OVERVIEW

### Do you require first aid training for work? Want to make sure you can help your family and friends in an emergency?

STEPS' nationally recognised Provide First Aid course covers a broad range of topics to enable students to confidently manage emergency situations and provide a first aid response to a casualty. It is suitable to both people in workplaces and members of the public who want training in first aid.

## COURSE DETAILS

### UNIT BEING DELIVERED

The following unit(s) will be awarded to successful students in this course.

- HLTAID011 - Provide First Aid
- HLTAID009 - Provide Cardiopulmonary Resuscitation

### DURATION AND DELIVERY

- Two (2) hours self-paced online learning
- Theory assessment
- Six (6) hours face-to-face practical training
- Online learning and theory assessment MUST be completed before attending the face-to-face practical training

### ENTRY REQUIREMENTS

- Students must have the physical capacity to perform the practical demonstrations such as 2 minutes of uninterrupted CPR and rescue breathing on manikins on the floor.
- Students must have access to a computer, tablet or other electronic device with access to the internet to complete the online learning and theory assessment.

### LOCATIONS

- Sunshine Coast – 25 Bulcock Street, Caloundra
- Gympie – 7/82 Monkland Street
- Hobart – Ground Floor, 27 Elizabeth Street
- Townsville – 210 Ross River Road, Aitkenvale

*Correct as of 19/10/23*

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## LEARNING ACTIVITIES

### PRACTICAL TRAINING AND ASSESSMENT

Perform 2 minutes of uninterrupted CPR on an adult manikin.

Simulated First Aid Scenario – Perform CPR on an adult manikin (incl. the use of an AED and placing a casualty into the recovery position).

Perform CPR on an infant.

Manage a casualty with anaphylaxis.

Manage a casualty with asthma.

Manage a choking casualty.

Manage a casualty with a nosebleed.

Manage a casualty with a fracture and dislocation.

Manage a casualty with a sprain and strain.

Manage a casualty with envenomation (snake/funnel-web spider bite).

Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning.

Complete a first aid incident report form based on the simulated First Aid Scenario.

### CERTIFICATE RENEWAL REQUIREMENTS

The Code of Practice recommends that refresher training in CPR should be carried out every twelve (12) months and Provide First Aid qualifications should be renewed every three (3) years.

## COURSE FEES AND PAYMENTS

- Please refer to [www.stepsgroup.com.au](http://www.stepsgroup.com.au) for individual course fees.
- Refund and fee protection policy – Please refer to the student handbook at [www.stepsgroup.com.au](http://www.stepsgroup.com.au).
- Payment Terms – Payment for individual students is prior to course commencement, group booking payment terms are based on agreement between the client and STEPS.

## SUPPORT AND COMPLAINTS

Please refer to the student handbook located on STEPS website [www.stepsgroup.com.au](http://www.stepsgroup.com.au) for all details relating to rights and responsibilities including complaints and appeals.

## HOW DO I ENROL?

For more information about this course or to enrol phone us on **1300 131 965** or email [training@stepsgroup.com.au](mailto:training@stepsgroup.com.au)

## WHY STEPS?

STEPS Education & Training offer training solutions that meet real local market needs. Our courses are designed in consultation with local employers to improve our students' employment opportunities and on the job skills.

Our highly qualified Trainers and Assessors bring hands on industry experience to their role allowing you to feel confident that you are gaining the best workplace preparation possible.