



STEPS

*What's your
next STEP?*

Manual Handling Refresher Course

Get the skills and knowledge required for a healthcare worker to participate in safe work practices when caring directly for clients within health, nursing, aged care and home care environments.

CAREER OUTCOMES

- Manual handling refresher
- Manual handling fundamentals
- Understand and learn lift policies
- Transfer a client using a full body hoist; bed to chair, floor to bed/chair
- Use a slide sheet to reposition a client in bed
- Roll a client away/towards the worker
- Assist a client to walk using a walk belt/walking frame
- Assist a client from sit to stand/stand to sit
- Assist a client from lying to sitting
- Wheelchair safety: a) transfer wheelchair/walker in and out of car safely; b) transfer a weight-bearing person from wheelchair to chair
- Transfer a client in and out of a vehicle
- Assist a client to undress/dress
- Slide a supine person up/down a bed
- Transfer from chair to chair/commode/toilet
- Assisted walking – raising a fallen person

COURSE OUTCOMES

- Keep current in manual handling procedures
- WHS refresher / compliance

COURSE INFORMATION

Duration: 3 hour course

Fee: \$60

LOCATIONS

Sunshine Coast – 25 Bulcock Street, Caloundra

Bundaberg – Shop 3/2 Bourbong Street, Bundaberg

Townsville – 210 Ross River Road, Aitkenvale

Apply today

1300 131 965

training@stepsgroup.com.au

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Scan for more information,
course dates and to apply

