



STEPS Community Engagement Groups

Reach your NDIS goals with STEPS

Monday

No
groups
scheduled
today

Tuesday



Music Group
9am - 1pm

Local drumming
Circle and 15 Evans
Street, Maroochydore

Wednesday



Gardening
10am - 12.30pm

Various locations
across the
Sunshine Coast

Thursday



Social Movement
9:30 - 11am

Various locations
across the
Sunshine Coast

Friday



**Fishing/Sailing
and BBQ**
10am - 2pm

Various locations
across the
Sunshine Coast



Ten Pin Bowling
12:30pm - 2:30pm

Sun City Bowling
8 Mari Street,
Alexandra Headland
Alternate weeks



Cooking
11am - 2:30pm

Millwell Road
Community Centre,
11 Millwell Rd E,
Maroochydore



Social Outing
12:30pm - 2:30pm

Various locations
across the
Sunshine Coast
Alternate weeks



Arts and Crafts
2pm - 4pm

15 Evans Street,
Maroochydore



*STEP into
a world
of opportunity*

STEPS Community Engagement Groups

Get Active and Social with STEPS

Whether you're looking to be active or get those creative juices flowing, STEPS Community Support have got you covered! With a broad range of activities, STEPS is sure to have something for you to enjoy. Our groups are available for all NDIS participants to take part in and benefit from getting active and social.



Arts and Crafts

Indulge your passion for creativity with our arts & crafts group! Designed for participants of all backgrounds and levels, participants have the chance to watch their ideas come to life on the canvas.



Gardening

Calling all green thumbs! STEPS Gardening group activity introduces participants to the world of nurturing plants. Get out in nature, learn basic gardening techniques and explore hands-on activities.



Bowling

Whether you're a seasoned bowler or new to the game, our bowling group is sure to give you a 'striking' good time. Join us at Sun City Bowling, Alexandra Headland, as we knock down pins and create lasting memories.



Music

Whether you're a seasoned performer or just starting to explore your musical talents, our music group welcomes everyone who shares a love for creating melodies. No matter your skill level, we're here to make music together.



Cooking

Discover the joy of cooking with our Cooking Class, proudly brought to you by STEPS Community Support. Designed for all abilities, participants will share in the pleasure of creating tasty meals. (including menu planning, budgeting and grocery shopping).



Social Movement

Whether we're out walking along the coastline on a sunny day, staying indoors getting our groove on with a fun-filled Zumba class, or enjoying some relaxing yoga, our Social Movement groups are for everyone.



Fishing/Sailing and BBQ

Embark on a fishing journey like no other! With the guidance of our amazing support workers, participants will have the chance to learn essential fishing techniques, reel in impressive catches and enjoy being out in nature.



Social Outing

Join our group for a fun and social way to explore the Sunshine Coast, visiting scenic spots, local attractions and hidden gems.

Want to learn more?

Contact us

1800 312 742

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stepsgroup.com.au

