

Ways to reduce the risks of developing Dementia

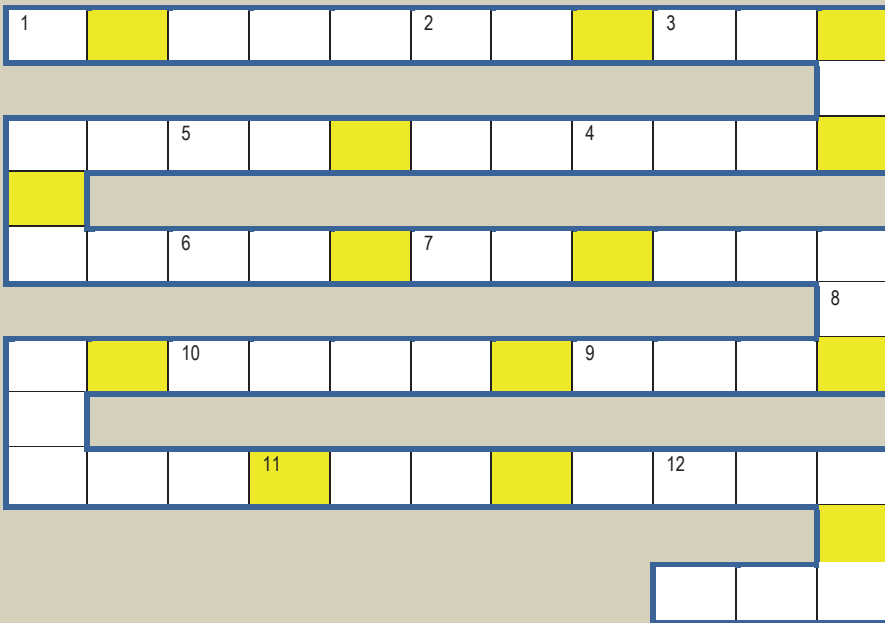
Overcome Depression!

If you're depressed, you are more apt to develop Alzheimer's and at an earlier age.

Do not let depression go untreated, especially if you already notice memory problems.

Prescribed medication and therapies such as exercise can make a difference.

PHRASE MAZE!



Solve the clues and write the answers in the grid below, starting at number 1, and then following the grid around. The last letter of the first answer is the first letter of the second, and so on.

The letters on the shaded shapes, reading from top to bottom around the grid, will spell out the mystery phrase.

Puzzle 38- Arrow Word! Answer
Trusting

Congratulations to those who solved this puzzle and thank you for emailing your answers through

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|--|---|
| 1. <i>The West Wing</i> star: - Sheen(6) | 7. Dashing to and fro: - around (7) |
| 2. Smelly: on the – (4) | 8. Spectre, phantom (5) |
| 3. Deliriously happy (9) | 9. Ketchup: - sauce (6) |
| 4. Cappuccino, espresso (6) | 10. TV holiday show: <i>The Great</i> – (8) |
| 5. Avidly: - awaited (7) | 11. Creek, rivulet (6) |
| 6. Movie: <i>The – Of Living Dangerously</i> (4) | 12. Healing rubdown: therapeutic – (7) |

COMING SOON!

Living Toys

Resurrection

Easter School
Holidays



Bundaberg
Gin Gin