

## BRAIN BUSTER- PUZZLE 2

Just two hours of brain exercises a week can markedly improve a person's mental capacity and help fight age-related memory loss according to a recent study by Alzheimer's Australia WA.

- Participants found improvements in their memory and were able to follow conversations better.
- Brain has the ability to change in response to new learning.
- Exercising the brain reduces the risk of developing dementia in later years. (extracted from the Alzheimer's Australia website)

### Brain Teaser

Johnny's mother had four children. The first was April, the second was May, and the third was June. What was the name of her fourth child?

The answer for this puzzle will be sent out with next weeks puzzle.  
Good Luck!

### **Puzzle 1 Answer- SUMMER**



### **Awareness Campaign & Fundraiser**

**Bundaberg CBD Pavilion**

**Thursday 17th June 2010**

**10am- 12noon**

### **Awareness Campaign & Fundraiser**

**Woolworths, Childers**

**Thursday 24th June 2010**

**10am- 12noon**

**Fundraising to purchase safety  
head gear for  
vulnerable and  
high risk candidates**